

COASTIN

Choreographer: Ray&Tina Yeoman
Suggested Music: "Lord of the Dance"

- (1-16) **WALK RIGHT, LEFT, KICK RIGHT, COASTER, KICK BALL CHANGE**
1-2 Step R foot fwd, Step L foot fwd
3-4 Kick R foot fwd, Step R foot back in place
5&6 Step L back, Step R beside L, Step L fwd
7&8 Kick R fwd, Step R beside L, Step L in place
9-16 Repeat 1-8
- (17-24) **IRISH HEEL / TOE TOUCHES (X2, RIGHT THEN LEFT)**
Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")
17&18 Touch R heel slightly fwd, Step R beside L, Touch L toe beside R
19&20 Touch L heel slightly fwd, Step L beside R, Touch R toe beside L
21-24 Repeat 17-20
- (25-32) **RIGHT FWD, SIDE, TRIPLE (RIGHT THEN LEFT)**
25-26 Touch R heel fwd, Touch R heel to R side
27&28 Triple Step in place (R, L, R)
29-30 Touch L heel fwd, Touch L heel to L side
31&32 Triple Step in place (L, R, L)
- (33-40) **RIGHT STEP TO RIGHT, SLIDE, 1/4 TURNING TRIPLE STEP, STEP, PIVOT, TRIPLE STEP**
(Remove hands from hips now)
33-34 Step R to R, Slide L up beside R with Clap
35&36 Triple Step to R with 1/4 turn R (R, L, R)
37-38 Step fwd L, Pivot turn ½ R
39-40 Triple Step fwd (L, R, L)

START AGAIN
