

# AMAME

**Count:** 64

**Wall:** 4

**Level:** Easy Intermediate

**Choreographer:** Robbie McGowan Hickie (UK) Sept 08

**Music:** Amame by Belle Perez (CD: Gipsy [126bpm])

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**Intro: 32 Count intro**

**Or Music: "Travelin' Man" by John Dean (124 bpm...16 Count intro)  
CD..."One For The Road"**

**Behind. Side. Cross. Sweep. Cross. Side. Behind. Sweep.**

- 1 – 3            Cross Right behind Left. Step Left to Left side. Cross step Right over Left.  
4                Sweep Left out and around from back to front.  
5 – 7            Cross step Left over Right. Step Right to Right side. Cross Left behind Right.  
8                Sweep Right out and around from front to back.

**Rock Behind. Chasse Right. Rock Behind. 2 x 1/4 Turns Right.**

- 1 – 2            Rock back Right behind Left. Rock forward on Left.  
3&4            Step Right to Right side. Close Left beside Right. Step Right to Right side.  
5 – 6            Rock back Left behind Right. Rock forward on Right.  
7 – 8            Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side.

**Step. Lock. Left Lock Step Forward. Rocking Chair Steps.**

- 1 – 2            Step forward on Left. Lock step Right behind Left. (Facing 6 o'clock)  
3&4            Step forward on Left. Lock step Right behind Left. Step forward on Left.  
5 – 8            Rock forward on Right. Rock back on Left. Rock back on Right. Rock forward on Left.

**Note: Push hips Forward and Back on Counts 5 – 8 above.**

**Step. Pivot 1/2 Turn Left. Full Turn Left. Forward Rock. Right Coaster Cross.**

- 1 – 2            Step forward on Right. Pivot 1/2 Turn Left.  
3 – 4            Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.  
5 – 6            Rock forward on Right. Rock back on Left.  
7&8            Step back on Right. Step Left beside Right. Cross step Right over Left. (Facing 12 o'clock)

**Option: Counts 3 – 4 above ... Walk forward on Right. Walk forward on Left.**

**Side Step Left. Drag. Cross Rock. Side Step. Together. Chasse 1/4 Turn Right.**

- 1 – 2            Long step Left to Left side. Drag/Slide Right towards Left. (Weight on

Left)

- 3 – 4 Cross rock Right over Left. Rock back on Left.
- 5 – 6 Step Right to Right side. Close Left beside Right. (Use Cuban Hip)
- 7&8 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.

**Cross. Step Back. Sway Left. Touch. Sway Right. Touch. Chasse Left.**

- 1 – 2 Cross step Left over Right. Step back on Right.
  - 3 – 4 Step Left to Left side Swaying hips Left. Touch Right beside Left.
  - 5 – 6 Step Right to Right side Swaying hips Right. Touch Left beside Right.
  - 7&8 Step Left to Left side. Close Right beside Left. Step Left to Left side.
- (Facing 3 o'clock)

**Cross. Unwind Full Turn Left. Left Side Rock. Cross. Side Step. Left Cross Shuffle.**

- 1 – 2 Cross step Right over Left. Unwind Full turn Left. (Weight on Right)
- 3 – 4 Rock Left out to Left side. Recover weight on Right.
- 5 – 6 Cross step Left over Right. Small step Right to Right side.
- 7&8 Cross step Left over Right. Small step Right to Right side. Cross step Left over Right.

**Side Step Right. Drag. Back Rock. Step. Pivot 1/2 Turn Right. 1/2 Turn Right. Sweep.**

- 1 – 2 Long step Right to Right side. Drag/Slide Left towards Right. (Weight on Right)
- 3 – 4 Rock back on Left. Rock forward on Right.
- 5 – 6 Step forward on Left. Pivot 1/2 turn Right.
- 7 – 8 Make 1/2 turn Right stepping back on Left. Sweep Right out and around from front to back.

**Option: Counts 5 – 7 above ... Rock forward on Left. Rock back on Right. Step back on Left.**

**Start Again**