

## All Day Long

Choreographed by Gary Lafferty (Sco) August 2004

Description: 64 count, 2 wall, Intermediate Level Line Dance

Music: 'Mr Mom' by Lonestar (172bpm) from their CD: Let's Be Us Again

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**(1-8) Right Toe-Strut, Left Toe-Strut, Kick-Out-Out**

1-4 Touch R foot fwd, Lower R heel to floor; Touch L foot fwd, Lower L heel

5-8 Kick R foot fwd, Step to R on R foot, Step to L on L foot, Hold

**(9-16) Sailor Scuff & Sailor Step \*\***

1-4 Cross-step R foot behind L, Step to L on L foot, Scuff R fwd, step to R on R foot

5-8 Cross-step L foot behind R, Step to R on R foot, Step to L on L foot, hold \*\*

**(17-24) Behind-Side-Front; Left Scissor Step**

1-4 Cross-step R foot behind L, Step to L on L foot, Cross-step R foot over L, Hold

5-8 Step to L on L foot, Step on R foot beside L, Cross-step L foot over R, Hold

**(25-32) Side, Behind, Side, In Front, Side, Hold, Rock Step**

1-4 Step to R on R, Cross-step L behind R, Step to R on R, Cross-step L over R

5-8 Step to R on R, Hold, Rock L foot behind R, Recover weight onto R foot

**(33-40) Rumba Box (Side, Together, Fwd, Hold ; Side, Together, Back, Hold)**

1-4 Step to L on L foot, Step on R foot beside left, Step fwd on L foot, Hold

5-8 Step to R on R foot, Step on L foot beside R, Step back on R foot, Hold

**(41-48) Back-Lock-Back, Kick; Right Coaster-Cross, Step Left**

1-4 Step back on L foot, Lock-step R foot over L, Step back on L foot, Kick R fwd

5-8 Step back on R foot, Step on L foot beside R, Cross-step R foot over L, Step to L on L foot

**(49-56) Rock Behind & Side; Left Coaster Step**

1-4 Rock R foot behind L, Recover weight onto L foot, Step to R on R foot, Hold

5-8 Step back on L foot, Step on R foot beside L, Step fwd on L foot, Hold

**(57-64) Rock Fwd & Back & Step Fwd, ½ Turn**

1-4 Rock fwd on R foot, Recover weight onto L, Rock back on R foot, Recover weight onto L

5-8 Step fwd on R foot, Hold, Pivot ½ turn to L, Hold.

Start Again

**Tag &** On the third wall, dance to 16 \*\*.

**Restart:** Then add the following 4 count tag and restart the dance facing the back wall.

**Tag: STEP FWD, HOLD, ½ TURN, HOLD**

1-4 Step fwd on R foot, Hold, Pivot ½ turn to L, Hold

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