

One Heart

Choreographed by Chris Watson (Australia) May 2003

Description: 32 count, 4 wall, beginner/intermediate level line dance

Music: 'One Heart' by Celine Dion from her CD: 'One Heart'

(1 - 8)

1-2-3&4 Walk forward right-left, right shuffle forward right-left-right

5-6-7&8 Rock forward left, back onto right, $\frac{3}{4}$ triple step turn via left shoulder, step left-right-left

(9 - 16)

1-2-3&4 Rock right to right side and back onto left, step right behind left, left to left side and right across in front of left

5-6-7&8 Rock left to left side and back onto right, step left behind right, right to right side and left across in front of right doing a $\frac{1}{4}$ turn to the right (now facing back wall)

(17-24)

1-2&3-4 Step right foot forward pivot a $\frac{1}{2}$ turn via left, stepping right foot together with left and step left foot forward (&) do a $\frac{1}{4}$ turn via your right shoulder take weight onto right (facing 3 o clock)

5-6-7&8 Rock left foot forward, right foot back, do a left coaster step

(25-32)

1-2&3&4 Rock forward onto right, back onto left, step right foot back and left heel forward, step left foot back and right foot forward with weight onto right

5-6-7&8 Rock back on left. Rock forward onto right.

Restart: On Walls 3 & 7, after beat 24 (coaster step) restart dance with walking forward.

Start Again
