

Laid Back

Count: 64

Wall: 2

Level: Easy Intermediate

Choreographer: Robbie McGowan Hickie

Music: "Laid Back Stone Cold" by Michelle Wright (142 bpm) - CD... "Boot Scootin' Boogie – The Nashville Line Dancing Album"

**Alt: "Senorita Mas Fina" by Kevin Fowler (142 bpm...32 Count intro)
CD... "High On The Hog"**

(32 Count intro)

**Chasse Left. Back Rock. Step. Pivot 1/2 Turn Left. Diagonal Step Forward.
Stomp Up.**

1&2 Step Left to Left side. Close Right beside Left. Step Left to Left side.
3 – 4 Rock back on Right. Rock forward on Left.
5 – 6 Step forward on Right. Pivot 1/2 turn Left.
7 – 8 Step Right Diagonally forward Right. Stomp up Left beside Right. (6 o'clock)

**Chasse Left. Back Rock. Step. Pivot 1/2 Turn Left. Diagonal Step Forward.
Stomp Up.**

1&2 Step Left to Left side. Close Right beside Left. Step Left to Left side.
3 – 4 Rock back on Right. Rock forward on Left.
5 – 6 Step forward on Right. Pivot 1/2 turn Left.
7 – 8 Step Right Diagonally forward Right. Stomp up Left beside Right. (12 o'clock)

**Side Step Left. Together. Left Toe Strut. Forward Rock. Touch Back. Reverse
Pivot 1/4 Turn Right.**

1 – 2 Long step Left to Left side. Close Right beside Left.
3 – 4 Touch Left toe forward. Drop Left heel to floor.
5 – 6 Rock forward on Right. Rock back on Left.
7 – 8 Touch Right toe back. Reverse pivot 1/4 turn Right. (Weight on Right)
(3 o'clock)

Cross Rock. Side Rock. Crossing Toe Strut. 2 x 1/4 Turns Left.

1 – 2 Cross rock Left over Right. Rock back on Right.
3 – 4 Rock Left out to Left side. Recover weight on Right.
5 – 6 Cross step Left toe over Right. Drop Left heel to floor.
7 – 8 Turn 1/4 turn Left stepping back on Right. Turn 1/4 turn Left stepping
Left to Left side. (9 o'clock)

Toe Points x3. Hold. & Cross. Hold. 2 x Heel Bounces with 1/2 Turn Right.

1 – 2 Cross/Touch Right toe Diagonally forward Left. Touch Right toe out
to Right side.

3 – 4 Cross/Touch Right toe Diagonally forward Left. Hold.
&5 – 6 Jump/Step ball of Right to Right side. Cross step Left over
Right. Hold.
7 – 8 Bounce both heels x 2 whilst making 1/2 turn Right. (Weight ends on
Left) (3 o'clock)

Back Rock. Right Shuffle Forward. Forward Rock. 2 x 1/2 Turns Left.

1 – 2 Rock back on Right. Rock forward on Left.
3&4 Right shuffle forward stepping Right. Left. Right.
5 – 6 Rock forward on Left. Rock back on Right.
7 – 8 Turn 1/2 turn Left stepping forward on Left. Turn 1/2 turn Left
stepping back on Right.

Back Rock. Step Forward. Scuff. Right Jazz Box 1/4 Turn Right. Scuff.

1 – 2 Rock back on Left. Rock forward on Right.
3 – 4 Step forward on Left. Scuff Right forward.
5 – 6 Cross step Right over Left. Step back on Left.
7 – 8 Turn 1/4 turn Right stepping forward on Right. Scuff Left slightly
forward. (Facing 6 o'clock)

Diagonal Steps Forward x2. Step Back. Hold and Clap. Out-Out. Hold and Clap. Elvis Knees.

1 – 2 Step Left Diagonally forward Left. Step Right Diagonally forward
Right. (Feet Shoulder Width Apart)
3 – 4 Step Left back into centre. Hold and Clap.
&5 Jump Right Diagonally back and to Right side. Jump Left Diagonally
back and to Left side.
6 Hold and Clap. (Feet Shoulder Width Apart) (Weight on Left)
7 – 8 Pop Right knee in across Left. Pop Left knee in across Right. (Weight
on Right) (Facing 6 o'clock)

Start Again

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