

# COASTIN

Choreographer: Ray&Tina Yeoman  
Suggested Music: "Lord of the Dance"

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- (1-16)     **WALK RIGHT, LEFT, KICK RIGHT, COASTER, KICK BALL CHANGE**  
1-2        Step R foot fwd, Step L foot fwd  
3-4        Kick R foot fwd, Step R foot back in place  
5&6        Step L back, Step R beside L, Step L fwd  
7&8        Kick R fwd, Step R beside L, Step L in place  
9-16       Repeat 1-8
- (17-24)   **IRISH HEEL / TOE TOUCHES (X2, RIGHT THEN LEFT)**  
Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")  
17&18     Touch R heel slightly fwd, Step R beside L, Touch L toe beside R  
19&20     Touch L heel slightly fwd, Step L beside R, Touch R toe beside L  
21-24     Repeat 17-20
- (25-32)   **RIGHT FWD, SIDE, TRIPLE (RIGHT THEN LEFT)**  
25-26     Touch R heel fwd, Touch R heel to R side  
27&28     Triple Step in place (R, L, R)  
29-30     Touch L heel fwd, Touch L heel to L side  
31&32     Triple Step in place (L, R, L)
- (33-40)   **RIGHT STEP TO RIGHT, SLIDE, 1/4 TURNING TRIPLE STEP, STEP, PIVOT, TRIPLE STEP**  
(Remove hands from hips now)  
33-34     Step R to R, Slide L up beside R with Clap  
35&36     Triple Step to R with 1/4 turn R (R, L, R)  
37-38     Step fwd L, Pivot turn ½ R  
39-40     Triple Step fwd (L, R, L)

START AGAIN

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